



Friendship Aspire Academy
Public Charter School
ARKANSAS

Comprehensive School Counseling Plan

2024-2025

Component One

Introduction

Friendship Aspire Academy Public Charter School Social Workers/Counselors design and deliver school counseling programs that improve student outcomes. The Comprehensive School Counseling Plan serves as an organizational tool to identify, prioritize, and evaluate the elements of a high quality school counseling program and aligns with the requirements of the Act 190- The School Counseling Improvement Act of 2019

School Counseling Standards and Competencies

Introduction to the Implementation of an Arkansas Comprehensive School Counseling Program
Benefits of a Comprehensive School Counseling Program
Multi-Tiered Counseling Services

School Counseling Team

School	Name Email	Phone
District Admin	Brianna Spears bspears@friendshipaspire.org	501-500-933 5
District Admin	Kevin Young kyoung@friendshipaspire.org	501-500-933 5

Collaboration

Friendship Aspire Academy Arkansas Public Charter Social Workers/Counselors collaborate with building, district, and community stakeholders including but not limited to:

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| <ul style="list-style-type: none"> ● 504 Counselors ● Administrators ● Community Counseling Agencies ● Community Partners, business leaders, mentors, presenters, and volunteers ● Department of Human Services ● District Homeless Liaison ● Division of Children and Family Services ● Juvenile Probation Officers ● Mental Health ● Mental Health Treatment Centers and their personnel | <ul style="list-style-type: none"> ● Occupational Therapists ● Physical Therapists ● School Based Therapists ● School Counselors ● School Nurses ● Social Workers ● Police Department ● School Psychology Specialists ● Speech/Language Pathologists ● Teachers/Staff ● Translators |
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Beliefs

Friendship Aspire Academy Arkansas Charter School Social Workers/Counselors believe:

1. An effective school counselor applies the ASCA ethical standards.
2. An effective school counseling program is developmental, comprehensive, and preventative.
3. An effective school counseling program is a collaborative effort between school counselors and stakeholders to promote academic, career, and social/emotional development.
4. An effective school counseling program is data driven.
5. An effective school counseling program supports student achievement.
6. All students should have equitable access to comprehensive school counseling programs and services.
7. All Students can develop academic, career, and social/emotional skills.

Mission

The mission of Friendship Aspire Academy School District is to create in underserved communities throughout the nation a world-class education that motivates students to achieve high academic standards, enjoy learning, and develop as ethical, literate, well-rounded and self-sufficient citizens who contribute actively to their communities.

Vision

Friendship Aspire Academy School District takes a whole-child approach to education. Teachers, administrators, counselors, and support staff work together to meet the intellectual, social, behavioral, and emotional needs of each and every child we serve. Our aim is to ensure that students are prepared for success in college and in life.

Program Goals

The following focus goals were chosen for the upcoming school year:

Elementary Level (K-5)		
<p><i>Elementary school students will improve school attendance by the end of the school year. School attendance relates to student success and a quality education. This will be evident through:</i></p> <ol style="list-style-type: none"> <i>1. A reduction in school absenteeism</i> <i>2. Students exhibiting motivation to attend school</i> 		
Strategies	Action Steps	Data

<ul style="list-style-type: none"> • Determine current school attendance level based on last year's data • A school may identify a potential demographic that needs in-depth intervention • Identify students with high absenteeism and use varied intervention strategies 	<ul style="list-style-type: none"> • Each elementary school will set a goal for improvement based on their last year's data. This goal may range from .5-1% improvement • Each elementary school will determine if there is a specific demographic that requires more targeted interventions or if the goal should be school wide. • Meet with students individually collaborate with the nurse on health issues, the teacher will contact the family, the social workers will call and make home visits to offer services and educate about the attendance policy, the counselor will collaborate with the teacher and the family, offer incentive programs for individuals and school wide recognition opportunities 	<ul style="list-style-type: none"> • Friendship Aspire Academy school districts ADA/ADM report from Eschool • COGNOS reporting using demographics. <ul style="list-style-type: none"> • Attendance reports will be used to identify high risk students • Social workers' documentation of family contact, attendance policy, will be used to determine progress for individual students
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<p>Middle Level (6-8)</p>	
<p><i>Middle school students presenting with anxiety will be able to reduce the severity of their anxiety and the frequency of their visits to the counseling office throughout the school year by exhibiting effective coping skills. Coping skills will be taught in small groups, and individual counseling resulting in minimal loss of instructional time.</i></p>	
<p>Strategies</p>	<p>Action Steps Data</p>

- Determine needs • Provide responsive services
- Teach coping skills • Model coping skills • Disaggregate data
- Conduct needs assessments/pre-test • Teach classroom guidance lesson on coping skills
- Offer mini lessons • Administer pre/post rating to each

student who present anxiety

- Provide lists of coping strategies to individual students
- Conduct post-test
- Needs Assessment
- Rating scale
- Counselor sign-in 6

High School Level (9-12)		
<i>Goal: All students will earn a high school diploma, will have a post-secondary plan (college technical training, career, military), and have developed the skills necessary to implement the post-secondary plan.</i>		
Strategies	Action Steps	Data

- Monitor attendance and classroom performance, assisting students in connecting these to life-long success
- Guide students in developing post-secondary plans based on skills and interest
- Connect activities/guidance to post-secondary goals
- Students will set post-secondary goals through development to the Student Success Plan
- Work with students to develop interventions for poor attendance or classroom performance within the context of the SSP
- Provide small group/classroom guidance to support transition plan, developing skills needed to implement post secondary plan
- Attendance Rate ● Classroom performance
- Post-secondary goal/plan

- Graduation rate 7

Component Two

Program Management/Manage

School Counseling Program Assessment

Description Link

The Arkansas Comprehensive School

<https://bit.ly/arschoolcounselingassessment>

Counseling Program Self-Assessment allows counselors to assess their mindsets and behaviors and the effectiveness of their school counseling program. Friendship Aspire Academy Charter School will complete a self-assessment annually.

Use of Time Analysis

A use of time calculator is utilized by each school counselor to document and help determine how much time is currently spent on school counseling activities versus non-school-counseling activities. ACT 190 states that school counselors in Arkansas spend approximately 90% of their time on direct and indirect counseling services for students and no more than 10% on administrative activities. Each counselor in the Friend Aspire Academy system determines the method they use to collect this information.

Annual Administrative Conference

Description Link

The annual administrative conference

<https://bit.ly/administrativeconference>

agreement outlines the school counseling program's organization and is completed every school year between each school counselor and the administrator in charge of the school counseling program

8

Component Three

Delivery/Deliver

Direct Counseling

Elementary Level (K-5)

<p>Service Description <i>At Least 90% Direct and Indirect Face-to-Face</i></p>
<p>Individual and Group Counseling Data is reviewed to determine student needs. Interventions are based on the identified gaps in the school and student needs. Follow-up should occur to ensure students are continuing to develop the skills taught</p>
<p>Examples: Friendships, groups, social/emotional groups, behavioral support</p>
<p>Core Curriculum Lessons Lessons are developmentally appropriate, based on ASCA standards, individual needs, identified through school data review, and the associated goals that are created to address those needs.</p> <p>Examples: sexual harrasement prevention, bullying, suicide awareness, conflict/resolution/ character lessons</p>

Middle School (6-8)

<p>Service Description <i>At least 90% Direct and Indirect Face-to-Face</i></p>
<p>Individual and Group Counseling Data is reviewed to determine student needs. Interventions are based on identified gaps in the school and student needs. Follow-up should occur to ensure students are continuing to develop the skill taught</p> <p>Examples: Academic support, Behavioral support, social/emotional support, and helping students understand the role of attendance and academics in school success</p>

Core Curriculum Lesson Lessons are developmentally appropriate, based on ASCA standards, individual needs *identified through school data review, and the associated goals that are created to address those needs. They also address the components of the School Counseling Improvement Act 2019.

Examples: career exploration and planning, bullying and sexual harassment prevention, suicide awareness and prevention

10

High School Level (9-12)

Service Description
*At Least 90% Direct and Indirect
Face-to-Face*

Individual and Group Counseling Data reviewed to determine student needs.

Interventions are based on the identified gaps in the school and student needs. Follow-Up should occur to ensure students are continuing to develop the skills taught.

Examples: Academic support, behavioral support, Social/Emotional support, helping students understand the role of attendance in school success

Core Curriculum Lessons Lessons developmentally appropriate, based on

ASCA standards, individual needs identified through school data review, and associated goals that are created to address those needs. They also address the components of the School Counseling Improvement Act of 2019.

Examples: Career exploration, and planning, Bullying and Sexual Harassment prevention; and Suicide Awareness and Prevention; Course selections; Scholarships search and application; College application process; College admissions test practice and preparation.

Indirect Counseling

Elementary Level (K-5)

Service Description

At least 90% Direct and Indirect On Behalf of, Referral, Consultation

<p>Consultation Consultations occur on behalf of a student. They can include interactions with parents or legal guardians, school staff, and community agencies concerning a student's behavior/discipline, academics, or attendance.</p>
<p>Referrals Indirect services include referring a student for school-based mental health services and making child maltreatment reports.</p>
<p>Decision-making Teams Serving as a contributing member of decision-making teams, which include without limitation:</p> <ul style="list-style-type: none"> ● Section 504 ● Response to Intervention RTI ● Parental Involvement ● PBIS ● Team Meetings

Middle School (6-8)

<p>Service Description <i>At least 90% Direct and Indirect on Behalf of, Referral, Consultation</i></p>
<p>Consultations Consultations occur on behalf of a student. They can include interactions with families, school staff, and community agencies concerning a student's behavior/discipline, academics, or attendance.</p> <p>Guide for Life https://dese.ade.arkansas.gov/Offices/learning-services/guide-for-life</p>

Referrals Indirect services include referring a student for school-based mental health services and making child maltreatment reports.

Decision-making Teams Serving as contributing member of decision making teams, which include without limitation:

- Section 504
- Response to Intervention RTI
- Parental Involvement
- PBIS
- Team Meetings

13

High School (9-12)

Service Description

At least 90% Direct and Indirect on Behalf of, Referral, Consultation

Consultation Consultations occur on behalf of a student. They can include interactions with parents or legal guardians, school staff, and community agencies concerning a student's behavior/discipline, academics, or attendance.

Referrals Indirect service includes referring a student for school-based mental health services and making child maltreatment reports.

Decision-making Teams Serving as a contributing member of decision-making teams, which include without limitation:

- Section 504
- Response to Intervention RTI
- Parental Involvement
- Team Meetings

Career Planning

Elementary Level (K-5)

Elementary school counselors collaborate with general education teachers to provide a multi-tiered program to all students and grade levels that may include, but not limited to, classroom curriculum, guidance lessons, online tools, guest speakers, engagement with community partners, and special career-related activities. Students develop real-world skills for success, which may include self-regulation, problem-solving, social awareness, and communication skills.

- **K-2:** Explore careers, abilities and relationships between school and the world of work: develop work-related skills such as time management, cooperation, effort, perseverance, goal setting and organization.
- **3-5:** Identify personal interest and abilities related to the world of work; integrate work-related skills; identify career clusters; explore the relationship between school and the world of work; initiate goal setting for secondary school and post-secondary opportunities.

Middle School Level (6-8)

Middle school counselors/social workers collaborate with the career/technical department to provide a multi-tiered program to all grade levels including, but not limited to, classroom curriculum, guidance lessons, college tours and career day.

- 6th Grade: Become acquainted with multiple career opportunities
- 7th Grade: Complete an Academic Smart Goal and Interest Inventory.
- 8th Grade: Complete a Career Smart Goal and Develop a Student Success Plan

15

High School Level (9-12)

Counselors work with students annually to develop and maintain their student success plan. Student Success Plans help students take ownership of their coursework and focus on post-high school success.

High School Counselors meet with students to help them connect the importance of education, school attendance, classroom performance and work. Through direct counseling students understand the importance of setting goals and how to do so.

- 9th grade assigned tasks include:
 - Create Academic SMART Goal
 - Create a Personal/Social SMART Goal
 - View and Edit High School Course Plans
 - Build/Update Resume
 - Take PLAN
 - Develop a 4-Year Academic Plan for High School
- 10th grade assigned tasks include:
 - Build/Update Resume
 - Complete Career Interest Profiler
 - Add careers to my list
 - View and Edit High School Course Plans
 - Complete Career Cluster Finder
 - Add career clusters to my list
 - Create Academic Smart Goal
 - Develop 4-Year Academic Plan for High School
- 11th grade assigned tasks include:
 - Take ACT
 - Build/Update Resume
 - Add colleges to my list
 - Add careers to my list
 - View and Edit High School Course Plans
 - Develop a 4-Year Academic Plan for High School
 - Create a Personal/Social SMART Goal
- 12th grade assigned tasks include:
 - Take ACT

- Build/Update Resume
- Complete college search
- Add colleges to my list
- Add careers to my list
- Scholarship search
- Create Academic SMART Goal
- Create a Career SMART Goal
- Complete Student Success Plan Checklist Survey
- Complete Senior Survey

16

Intervention

Elementary Level (K-5)

Elementary School Counselors design/utilize proactive programs to increase likelihood of graduation:

- Student Success Plans
- Attendance monitoring
- Goal Setting
- Classroom Guidance
- Small Groups
- G.U.I.D.E. for Life Learning Essential Skills
- Career days and other events
- Middle school tours

Middle School Level (6-8)

Middle School Counselors design/utilize proactive programs to increase the likelihood of graduation.

- Student Success Plans
- Attendance monitoring
- Goal setting
- Classroom guidance
- G.U.I.D.E. for Life Essential Skills
- Career days and other events
- High school tours

High School Level (9-12)

High School Counselors design/utilize proactive programs to increase the likelihood of graduation.

- Student Success Plans
- Attendance monitoring
- Goal setting
- Classroom guidance
- G.U.I.D.E. for Life Essential Skills
- Career days and other events
- College/University/Trade School tours
- Career Launch

Program Assessment

School counselors reflect on and evaluate their comprehensive counseling program to ensure they are meeting the needs of their students and are able to identify how their students have changed due to the interventions of the program.

<https://bit.ly/arschoolcounselingassesment>

17

Data Tracking

Elementary School Level

Data will be developed

Middle School Level

Data will be developed

High School Level (9-12)

Data will be developed

Program Results

Elementary School Level

Data will be developed

Middle School Level

Data will be developed

High School Level

Data will be developed

Evaluation and Improvement

Elementary School Level

Data will be developed

Middle School Level

Data will be developed

High School Level

Data will be developed

Component Five

Administrative Activities

Elementary Level (K-5)

Service Description
*No more than 10% Coordination, Chair,
Duties*

Coordination of Programs and Data	All RPS Elementary Counselors
Input	Coordinate programs including but not limited to: <ul style="list-style-type: none"> ● Parental Involvement ● Section 504 ● District PLC ● Student Success Plan ● Administrative Meetings ● Professional Development ● Lesson Planning

Chairing Committees and Meetings Parent/Family Involvement Committee

Duties None- ASCA standards do not support counselors having assigned duty.

Middle School Level (6-8)

<p style="text-align: center;">Service Description <i>No more than 10% Coordination, Chair, Duties</i></p>	
Coordination of Programs	Coordination of programs varies by school. Program include: <ul style="list-style-type: none"> ● Parental Involvement ● Section 504 ● District PLC ● Student Success Plan ● Administrative Meetings ● Professional Development ● Lesson Planning
Chairing Committees and Meetings	Chairing 504 conferences
Data	Friendship Aspire Academy School District counselors and middle school level are not responsible for data entry, scheduling, or creating master schedules.

Duties ASCA standards do not support counselors having assigned duty.

2023-2024 FAA Elementary, Middle School, High School Monthly Activities

Elementary K-5

July January	
<ul style="list-style-type: none">• Summer PD• Discuss what went well last year and what changes need to be made	<ul style="list-style-type: none">• No Name Calling Week• Anger Management• Meet with 1st semester scholars about grades
August February	
<ul style="list-style-type: none">• Counselor Back to School PD• Schedule a Principals Meeting to review Annual Agreement• Create Advisory Team• Assist with New Student and Kinder Orientation	<ul style="list-style-type: none">• Career Exploration Activity• National School Counseling Week• Parent Conference
September March	
<ul style="list-style-type: none">• Classroom Meetings on Expectations• Grandparents Day• Hispanic Heritage Month• Suicide Prevention Awareness Month	<ul style="list-style-type: none">• Advertise summer programs• Read Across America Day/Dr. Seuss• SEL Day Mar 10, 2023
October April	
<ul style="list-style-type: none">• Bullying Prevention Month• Red Ribbon Month- Drug Free• 1st Quarter Meeting for Grades• Parent Conference	<ul style="list-style-type: none">• 1 Book 1 District• 3rd Quarter meeting for grades• Advisory Team Meeting
November May	

<ul style="list-style-type: none"> • Advisory Meeting • Random Acts of Kindness • Safety 	<ul style="list-style-type: none"> • Grade transition • Prepare records for correct schools • Send out free lunch summer sites • Mental Health Month
December June	
<ul style="list-style-type: none"> • Diversity • Friendship' • Open Enrollment 	

Middle School 6-9

July January	
<ul style="list-style-type: none"> • Summer PD • Discuss what went well last year and what changes need to be made • Retention List 	<ul style="list-style-type: none"> • No Name Calling Week • Anger Management • Meet with 1st semester scholars about grades
August February	
<ul style="list-style-type: none"> • Counselor Back to School PD • Schedule a Principals Meeting to review Annual Agreement • Create Advisory Team 	<ul style="list-style-type: none"> • Career Day • National School Counseling Week • Parent Conference • Teen Dating Violence Awareness
September March	
<ul style="list-style-type: none"> • Grade Level Meetings on Expectations • Complete cluster finder assessment with 6th grade in Avid • Hispanic Heritage Month • Suicide Prevention Awareness Month • Domestic violence month 	<ul style="list-style-type: none"> • SEL Day Mar 10, 2023
October April	

<ul style="list-style-type: none"> • Bullying Prevention Month • Red Ribbon Month- Drug Free • 1st Quarter Meeting for Grades • Parent Conference 	<ul style="list-style-type: none"> • Grade Transition • 3rd Quarter meeting for grades • Advisory Team Meeting
November/ No Bullying May	
<ul style="list-style-type: none"> • Create Academic Smart Goals with 7th grade AVID • World Kindness Day • Safety 	<ul style="list-style-type: none"> • Mental Health Month
December June	
<ul style="list-style-type: none"> • 8th Grade Career Action Plan- AVID • Open Enrollment 	<ul style="list-style-type: none"> • Retention list of those that didn't attend summer school

Activities that are on-going: Individual Counseling, Bi-Monthly check in of 5/10 absences, College/scholarships applications, referral to mental health, teacher and parent conferences, PBIS, professional development, 504, IEP, GT school-wide testing, guidance lessons, staff meetings and social welfare